

Cont/d from page 1. Magnus Clarke...

"North Swanbourne is a case study in the development of a beach community. Not merely was rubbish collected but the informal beach patrol actively discouraged any 'unwanted' activity in the sand dunes. Increasing usage made 'Swanbourne' respectable and users discouraged the disreputable element."

Unfortunately since the 1980's, and in common with beaches all around the country, Swanbourne has seen a drop-off in numbers, most likely due to the issue of skin cancer. However we now see a rising epidemic of vitamin D deficiency and the resulting realization that some responsible sun exposure is important for overall health. So perhaps we will see some more families and others on the beach in years to come.

There continues to be entrenched opposition to our very existence from some at the City of Nedlands, the Surf Club and local residents. There was even opposition to the name of the new café as it included the word "Naked" and this is not "family friendly!" [I kid you not—ed]. The most powerful weapon that these people have is to link the beach nudists to "undesirables" and to suggest that we may pose a danger to children [how offensive is that? - ed]. Therefore it is critical to the continuing health of our free beach that we continue the policy of previous years to maintain a zero-tolerance attitude to inappropriate behavior, and continue to lobby Government.

One of the best ways to engender a community spirit is through shared activities like the Olympics. So please support us by joining in, you will have fun. Having said that, if you have any new ideas for future beach activities please come and talk to Bruce, Tony or Cookie up at the cabana. Perhaps next year we should try something different and we need your input please!

An old joke (from our 1983 newsletter).

A six-year-old girl was reporting to her pals after a first visit to Swanbourne beach: "We had a great time, but when we got there, Dad found he'd forgotten his bathing costume. Then he found he'd forgotten mine, too. And after we went in for a swim, we found everybody else had forgotten theirs as well."

If you want to see how the rest of Australia sees nudists (or at least how Dave from SBS does) then check out <http://www.sbs.com.au/daveinthelife/home/16/Nudist>. No silly comments, and he gets his gear off too (so does the sound man). Also well worth checking out is the Comfort fabric softener "Naturists" film by Ogilvy Advertising London on YouTube at <http://www.youtube.com/watch?v=IBHzXAu3VFU>. Watch out for the wicked twist.

Get ready for the Fifth Annual **World Naked Gardening Day (WNGD)**! People across the globe are encouraged, on **Saturday, May 8, 2010** to tend their portion of the world's garden, clothed as nature intended (<http://www.wngd.org/>).

Gardening has a timeless quality, and anyone can do it: young and old, singles or groups, the fit and infirm, urban and rural. An elderly lady in an apartment can plant new annuals in her window box. Families can rake leaves in their back yard. More daring groups can make rapid clothes-free sorties into public parks to do community-friendly stealth cleanups.

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North Swanbourne Beach Users Association

P.O. Box 35, Claremont WA 6910

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Free Beaches Australia Inc



SWANBOURNE NUDE OLYMPICS #25 ISSUE

A quarter of a century is a bit of a milestone for Swanbourne, the home of the free beach "Olympics." Since the first nude Olympics on 4th April 1983 there have been many hours of fun had each year with such classic events as Leap Frog (with balloons), Wheel Barrow race (not such a good idea), Musical Carrots, Nifty Knees and Bombs Away. Over the years some of the more ridiculous or impractical have fallen away to leave a few definite favourites such as Eggs in Space, Pass the Bucket and of course the Best Bum Competition.

The lovely Natalie suggested our first Swanbourne Beach Olympics and after writing it up in the nudist magazine Australian Sun and Health, Maslins free beach in South Australia got into the act. This was followed by Alexandria Bay at Noosa in QLD and then Samurai Beach at Nelson Bay north of Sydney. More recently the folks on Armands Beach near Bermagui in NSW have started their "Fun in the Sun Day."

Swanbourne is known world-wide as one of the best, we would say the best, free beaches on the planet. Some of the older members of North Swanbourne's beach community can remember swimming nude at North Swanbourne before the Second World War.

As Magnus Clarke observed (Nudism in Australia, 1982 Deakin University Press):

"Swanbourne Beach was popular with Perth residents, this popularity perhaps best explained in terms of its proximity to the city and the ease of access. It had been estimated that in the summer of 1980-81 on a good Sunday 5000 nudists used the beach; and during an average week, 10,000 individuals visited North Swanbourne. Indeed, according to Grindear (Health & Efficiency no. 7, 1980) the numbers using North Swanbourne had been doubling every year since 1974. "

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Keep up-to-date with changes that can affect your enjoyment of our beach.

Check out "What's New" at www.fbwa.iinet.net.au.

Are you a dedicated free beacher?

Then you should support those who support you. Join FBA at www.freebeach.com.au.

Swanbourne Olympics



You are most welcome to join with us in the **TWENTY FIFTH OLYMPIC GAMES** to be held at North Swanbourne Free Beach. Remember, still photographs of the events are OK but due to popular demand, **NO PERSONAL VIDEOS OR MOVIES** and for photos of people other than in events, **ASK FIRST!** It's only polite.

Note: If you choose to join us in our day of fun and frivolity, you must accept any and all risks and consequences associated with that choice. The organizers don't accept any consequences of your choice.

DAY: SUNDAY 21 February 2010

COMMENCES: 10.00am

DRESS: IMMATERIAL

PROGRAM OF EVENTS



EGGS IN SPACE (Adults)(Kids)
(Poachers eggspelled)

GIRLS & BOYS AROUND THE BUOY (F)(M)
(The great aquatic perambulation)

HOT ROD RACE (All)
(4 per team—2 male, 2 female, 1 rod)

PASS THE BUCKET (All)
(There's a hole in the - - - - -)

DURING THE LUNCH BREAK

BODY PAINTING (Adults)(Kids)
(Paints and brushes supplied)



BEST BUM (M)(F)
(All entrants must have one)

EGG & SPOON RACE (Adults)(Kids)
(So the eggs are golf balls, who cares?)

FILL 'ER UP MATE (All)
(No containers – 6 per team)

FOUR LEGGED RACE (Adults)(Kids)
(No three-legged folks accepted)

TUG 'O WAR (All)
(The big pull over)

EXTRA EVENTS (time allowing)

SAND SCULPTURE (Kids)
(Theme—Winter Olympics)

FLOUR SACK STRUGGLE (Kids)
(How are you in the sack?)

SWANBOURNE OLYMPICS SPONSORS



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